

Life Saving Rules



Wear your seatbelt, obey speed limits and do not use any mobile device while driving



Do not smoke outside designated smoking areas



Verify isolation before work begins



Use your Stop Work Authority if work environment is unsafe



Be focused on your job at hand and always be aware of your surroundings



Report any incidents, near misses, and unsafe conditions immediately



Stop. Think. Act



Do not walk under a suspended load



Work with a valid work permit when required



Protect yourself against a fall when working at heights